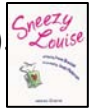
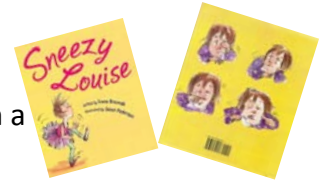


Reading Guide for Teachers and Educators, Pre-K through 3rd grade

Feelings and Emotions



Before Reading

Introduce the Book

- Show students the front and back covers of the book and read the title with them. Ask what they might read about in a book called **Sneezy Louise**. Refer to the illustrations. Accept any answer.
- Show students the title page. Discuss the information on the page (title of book, author's name, illustrator's name and publisher).
- After previewing the covers and title page of the book, invite the students to share how the words and illustrations connect to something the students already know.

Take a Book Walk

- Flip through some of the illustrations in the book. Ask students to tell what Louise may be feeling based on the pictures. Ask students how they know Louise's feelings. From her facial expressions? Her body language?
- Introduce illustrations of other characters. Look at Louise's best friend Mary, on page 8, then 9, then 10, then 11. Ask the children to guess what Mary's expressions and body language are telling. What is she feeling?



During Reading

- Ask the students to look for feelings they have had or know something about as you read the book. (For very young children, you may want to skip this step and proceed with reading. They may not be developmentally there—you know your audience 😊)

After Reading

- Refer to the illustrations and ask your listeners to identify what feelings they see in *all* the character's faces (anger, sadness, pride, frustration, happiness, love). Ask them to tell more about what they know about those feelings? What types of situations have your listeners had that led to them to feel those feelings?
- Have students think about bad days that they may have had. Ask them to share what happened on those bad days.
- Discuss empathy. Ask how the students think Louise is feeling emotionally? Have they ever felt that way? Discuss responding sympathetically to people who are upset, hurt, sick, or overwhelmed.